

May 2026

Volume 11 Issue 1

# Parkinson Press

Parkinson Partners of NW PA, Inc. (814) 899-3030 [www.parkinsonpartners.org](http://www.parkinsonpartners.org)

**“You are not alone.”**



**Parkinson Partners’ Mission Statement:**

To encourage, educate and support those with Parkinson’s disease, their caregivers and loved ones as they cope with the challenges of disease. Exploring better resources, services and outcomes for people with PD.

**Inside This Issue:**

1. Cooney Walk
2. Updated Dance Class Dates
4. Support Group Information

*Please remember Parkinson Partners in your estate planning. Your gift can ensure that local services and support continue for the Erie PD community.*

## Cooney Parkinson Awareness Walk

We hope you have marked your calendars for the 2026 Dave Cooney Parkinson Awareness Walk which will be held on **Saturday, June 20<sup>th</sup> at 10:00 AM at Our Lady of Mercy Church in Harborcreek**. Dave Cooney passed away last March but his family have generously decided to continue with the walk Dave loved so much. This special event helps to fund important programs and needs in the PD community. But we will need your help to make this important fundraiser a big success!

Some ideas on how you can help:

- **Gather your friends and family and sign up to walk. This is not a race.** It is not a timed event and you can walk as far as you are able. Unable to walk but still want to come and support the walk? Sign up! We are happy to have you; your family and friends join us! A registration form is on Page 3. You can register online at <https://www.zeffy.com/en-US/ticketing/dave-cooney-memorial-parkinson-awareness-walk>
- **Please share this event with your friends and family and ask them to consider a donation if they are unable to participate in the walk.** Donate online here (put Cooney Walk in the notes) <https://www.zeffy.com/en-US/donation-form/cooney-walk-donation-only> or checks can be sent to our mailing address, PO Box 10547 Erie, PA 16514
- **Help us find more sponsors for the walk.** We are looking for more businesses who would like to sponsor the walk. There are different levels of sponsorship so lots of options for all sizes of businesses. Ask your outpatient therapy clinic, insurance agent, favorite restaurant, etc. These sponsorships can make a real difference in the funds we can raise. Click here for more information: <https://www.zeffy.com/en-US/ticketing/2026-cooney-parkinson-awareness-walk>
- Note: If you would like us to mail you forms, sponsorship information or walk posters, please call 814-899-3030 or email us at [info@parkinsonpartners.org](mailto:info@parkinsonpartners.org).

The Cooney Family, has helped to organized the walk every other year, to raise funds to support Parkinson Partners since 2014. Dave and Patty are also winners of the 2021 Audree Parr Parkinson Champion Award. Dave was diagnosed with PD in 2007. His three children wanted to do something to help raise funds to combat the disease, so they ran a benefit marathon in 2008. In 2010, daughter Lori organized the first Dave Cooney Parkinson Awareness Walk in her hometown, Indiana, PA. In 2012, the event was moved to Erie where Dave and his wife Patty live and has benefited Parkinson Partners since 2014.



Funds raised at from the Cooney Walk will stay here in Erie to support local PD programs, services and resources. Thank you, Cooney family, for your ongoing support!

If your family, book club, neighbors or organization would like to help host a walk or fundraiser in the opposite year of the Cooney Walk, we’d love to talk with you! You can even check things out behind the scenes this year to see if this might be a good fit.

## News and Notes

### 🎵 Save the Date—Forest Bathing:

Our first official Forest Bathing for PD event will take place on Saturday, July 18<sup>th</sup> at Asbury Woods. Stay tuned for more information.

🎵 **Free Items:** A local family has boxes of Depends (M), chuck pads and other personal care items and some gently used equipment (some they are selling some are free). If you are interested in any items, let me know and I'll connect you.

🎵 **Chosen Mission:** Chosen Mission has reached out because they have several rollator walkers available. If you are interested, you can call them at 814-833-3023 and leave a message, or just stop into their office anytime, Monday-Friday 8:00 AM-4:00 PM. Their office is located at 3638 W. 26<sup>th</sup> St, behind Westminster Presbyterian Church, right near the Millcreek Municipal Building. Turn off West 26<sup>th</sup> onto Kozlowski Dr. for easy access.

🎵 **NEW PHONE NUMBER--Walking Assessment:** Before you jump into Spring and Summer time activities, why not get a walking assessment so you know how you're doing and how you can improve your walking during the nice weather. To schedule a walking assessment, please call and leave a message at 814-490.0615. The contact person for this program is Mary Kingston. Mary will be happy to give you a call back and get you scheduled at your convenience. The evaluations will take place on the first floor of Encompass Health Rehabilitation Hospital of Erie, 143 E. 2<sup>nd</sup> Street, and are free of charge. Mary will provide more details when she speaks with you. Please take advantage of this free program and get walking!

## Best Wishes for those with Special Celebrations

Happy Birthday and Happy Anniversary!

To have your birthday or anniversary added to our list call 814-899-3030 or email: [info@ParkinsonPartners.org](mailto:info@ParkinsonPartners.org)

### May

4—Daniel DeWeese  
16--Linda Sensor

### June

15—Peggy Trichel  
29—Deborah Hakel



## Dance Class: Updated Dates

PARKINSON PARTNERS OF NW PA  
& DAFMARK DANCE THEATER  
INVITE YOU TO MOVE WITH US!



## PD DANCE & MOVEMENT CLASS

BALANCE. POSTURE. GAIT.  
MUSIC. DANCE & FUN!

CLASS SESSION RUNS:  
JUNE 8<sup>TH</sup> - JULY 13<sup>TH</sup>  
FROM 10:00 AM-11:00 AM  
730 TACOMA RD.

CALL 814-899-3030 TO REGISTER.

ALL THOSE WITH PD MUST HAVE A  
MEDICAL RELEASE SIGNED BY THEIR  
NEUROLOGIST IN ORDER TO  
PARTICIPATE.

CLASS IS FREE  
THANKS TO A GENEROUS  
GRANT FROM ERIE ARTS  
AND CULTURE

Note: we will be unable to have our Purposeful Movement and Wellness Class this summer due to scheduling conflicts. But we are so pleased to be able to offer you this fantastic dance and movement class. Hoop Dancer, Instructor Jennifer Dennehy will share her talent as she gets you moving. Jennifer has been trained to teach classes for those with PD and those with disabilities! Sign up today!

**The Dave Cooney Parkinson Awareness Walk**  
**Benefits Parkinson Partners of Northwest Pennsylvania**  
**Saturday, June 20, 2026**  
**Our Lady of Mercy Church, 837 Bartlett Road, Harborcreek**  
**Walk begins at 10:00 AM**

**REGISTRATION:** Please fill out the information below or register online at: [www.parkinsonpartners.org](http://www.parkinsonpartners.org)

- \$25.00 registration, includes t-shirt--after June 1, 2026 shirts not guaranteed.
- Kids under 12 FREE to walk and youth shirts available at \$10.00 each (Youth t-shirts must be ordered by June 1, 2026)
- T-shirt pick-up and registration begins June 20, 2026 at 9:00 AM at Our Lady of Mercy Church

**COURSE:**

- 3-mile or 1-mile walk starting and ending at the Church grounds following Dutton and Highmeyer Roads. Please note that the roads will NOT be closed for the walk so please walk only on the Right-Hand side of the road both going out and coming back. We need to keep a lane open for emergency vehicles and residents. Your cooperation is greatly appreciated.
- This is NOT a timed event, so feel free to walk as far as you are able
- WALK TO BE HELD RAIN OR SHINE
- Pets are welcome but MUST be on a leash and kept outside.
- Water and fruit available during the walk



**QUESTIONS:**

Patty Cooney: (814) 864-8507

[dpcooney3318@gmail.com](mailto:dpcooney3318@gmail.com)

Parkinson Partners: (814) 899-3030

[info@parkinsonpartners.org](mailto:info@parkinsonpartners.org)

DETACH HERE

---

*ONE FORM PER PARTICIPANT PLEASE*

Make Checks Payable to: Parkinson Partners of NWPA--MEMO: Dave Cooney Parkinson Awareness Walk

Mail to: Parkinson Partners of NW PA, PO Box 10547 Erie, PA 16514

Register online at: [www.parkinsonpartners.org](http://www.parkinsonpartners.org)

NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_ AGE: \_\_\_\_\_

Adult Shirt Size (Circle one):            S                    M                    L                    XL                    XXL

Youth Shirt Size (Circle one):                    S (6-8)            M (10-12)            L (14-16)

In consideration of the acceptance of this entry, I waiver, my heirs and assigns any/all claims for damages which may arise against all organizations and individuals connected with this walk, as a result of any injuries which may be incurred during or from the walk. All fees are non-refundable.

Signature: \_\_\_\_\_

Signature of Parent/Guardian if under 18: \_\_\_\_\_

## Parkinson Partners of NW PA, Inc.

PO Box 10547  
Erie, PA 16514

PHONE:  
814-899-3030

E-MAIL:  
info@ParkinsonPartners.org

### DONATIONS:

Checks should be made payable to "Parkinson Partners" and mailed to the address above. Donations can also be made via PayPal on our website.



SUPPORT PARKINSON PARTNERS ON

# ERIE GIVES

AUGUST 11, MIDNIGHT TO MIDNIGHT

LEARN MORE AT [ERIEGIVES.ORG](http://ERIEGIVES.ORG)

Parkinson Partners of NW PA, Inc.  
PO Box 10547  
Erie, PA 16514

Like us on Facebook!



We're on the Web!

See us at:

[www.ParkinsonPartners.org](http://www.ParkinsonPartners.org)

**DISCLAIMER:** The material presented in this issue is solely for the information of the reader. It is not intended for treatment purposes, but rather as a basis for discussion with the patient's physician.

## Support Group Meeting Schedules

Remember: all events are also listed on our Events Calendar on our website including live links to Zoom meetings. Make sure to sign up for our emails so you are alerted to any last-minute changes. Questions? Call or text 814-899-3030.

### ZOOM MEETINGS:

- **Parkinson Partners Support Group Meeting on Wednesday, May 13<sup>th</sup>.** This meeting will be off during the summer months.
- **Caregiver Only Zoom Meeting on May 28<sup>th</sup> at 1:30 PM.** This meeting will be off during the summer months.

### IN-PERSON MEETINGS:

- **Eastside YMCA PD Support Group: Wed., May 6<sup>th</sup> (1<sup>st</sup> Wed. of the month) and June 3<sup>rd</sup> at 1:00 PM** at 2101 Nagle Road. All are welcome!
- **Evening PD Support Group: Tuesday, May 12<sup>th</sup> and June 9<sup>th</sup> at 6:00 PM** at Springhill, 2323 Edinboro Rd. Please bring a dish and drink if you'd like to join in on a potluck dinner. This meeting will be off July and August.
- **Care Partner Only Lunch: Monday, May 18<sup>th</sup> due to Memorial Day and June 22<sup>nd</sup> (4<sup>th</sup> Mon. of the month unless a holiday intervenes) at 11:30 AM** at Sara's Restaurant on Presque Isle—our summer location.